## A profile of people living in residential aged care in Australia



While more older Australians are accessing care services from home<sup>1</sup>, our ageing population means there is a growing need for residential aged care support. Understanding the characteristics of those who use residential aged care today can help in tailoring the services currently provided and better prepare for the needs of the future.

The results from the 2015 Survey of Disability, Ageing and Carers provide a profile of those in residential aged care. For this analysis, residential aged care includes people in nursing homes, aged care hostels and cared components of retirement villages where the resident had been, or was expected to be, living there or in another health establishment for a period of three months or more.



**187,300 Australians** living in residential aged care in 2015



Consistent with our ageing population, the **number of people** living in residential aged care has increased



Most people living in residential aged care were aged 85 years or more



More than two-thirds of people living in residential aged care were women



Almost 9 out of 10 people living in residential aged care had a **physical disability** 



Almost 3/4 of people living in residential aged care had a psychosocial disability<sup>2</sup>



Men living in residential aged care were more likely to have had a **stroke**, head injury or acquired brain injury than women



**Half** of people living in residential aged care had dementia<sup>3</sup>



dementia



People with dementia living in residential aged care were more than **twice as likely** to have **9 or more impairments**<sup>4</sup> than those without dementia

Further information is available in Disability, Ageing and Carers, Australia: Summary of Findings, 2015 (cat. no. 4430.0) available from the ABS website (www.abs.gov.au). A pdf version of the information sheet is available from the Downloads tab of this publication.

AIHW Admissions into Aged Care, 2017-18 https://www.gen-agedcaredata.gov.au/Topics/Admissions-into-aged-care

<sup>&</sup>lt;sup>2</sup> Includes any of the following which cause restrictions in everyday activities: a nervous or emotional condition; or memory problems or periods of confusion; or social or behavioural difficulties; or mental illness requiring help or supervision; or brain injury; or other long-term health condition (including dementia).

<sup>&</sup>lt;sup>3</sup> Including Alzheimer's disease.

<sup>&</sup>lt;sup>4</sup> An Impairment is a loss or abnormality in body structure or physiological function (including mental functions).